# **GIINGTUESDAY**

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## HOPEWORX, INC. celebrates GivingTuesday with The Ferns Peer Respite #Giving Tuesday Campaign, joining millions around the world participating in the global generosity movement on December 1, 2020

NORRISTOWN – November 16, 2020 – This GivingTuesday, Hopeworx, Inc. will inspire generosity by launching a fundraiser to raise awareness and support for **The Ferns Peer Respite**, a proposed alternative to mental health medical services which provides peer support and a welcoming space for individuals to relieve distress.

GivingTuesday is a global generosity movement, unleashing the power of people and organizations to transform their communities and their world. GivingTuesday will kick off the generosity season this year by inspiring people to give back on December 1, 2020, and throughout the year.

**The Ferns Peer Respite** is a proposal by the Peer Respite Council, a group of mental health stakeholders who seek alternatives to traditional mental health services that focus on the person rather than the problem. Hopeworx, Inc., a member of the Council, has agreed to be the fiduciary for the Peer Respite. Hopeworx, Inc. joined the GIVINGTUESDAY campaign this year to help raise funds for the startup of the Peer Respite.

"The options available to us mostly fit within the medical model," said Jen Srolovitz who is a member of the Peer Respite Council. "In this model, crisis—or the person in it—is 'A Problem That Needs Fixing' so all energy and resources are put into stopping the symptoms. Unfortunately, stopping the symptoms is not the same as making sense of the experience of anguish or chaos, and the sense-making process is integral to re-purposing the crisis into a catalyst of catharsis."



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Peer respite is different from hospitalization or crisis residential services, and provides an alternative where distress is viewed through the lens of being a common human experience instead of pathology; guests find meaning and growth in the experience, Srolovitz said.



GivingTuesday was launched in 2012 as a simple idea: to create a day that encourages people to do good. Over the past nine years, this idea has grown into a global movement that inspires hundreds of millions of people to give, collaborate, and celebrate generosity.

Those who are interested in joining Hopeworx, Inc.'s GivingTuesday initiative can visit <u>https://www.hopeworxinc.org/what-we-do/ferns-peer-</u><u>respite/givingtuesday.html</u>.

For more details about the GivingTuesday movement, visit us at the GivingTuesday website (www.givingtuesday.org), Facebook page (https://www.facebook.com/GivingTuesday) or follow @GivingTuesday and #GivingTuesday on Twitter.

#### About Hopeworx, Inc.

The mission of HopeWorx is to promote the continued development of a community environment which supports and believes in the expertise and passion of people to create and direct their own paths to health and recovery.

### About GivingTuesday

<u>GivingTuesday</u> is a global generosity movement unleashing the power of people and organizations to transform their communities and the world. GivingTuesday was created in 2012 as a simple idea: a day that encourages people to do good. Over the past eight years, it has grown into a global movement that inspires hundreds of millions of people to give, collaborate, and celebrate generosity.

Whether it's making someone smile, helping a neighbor or stranger out, showing up for an issue or people we care about, or giving some of what we have to those who need our help, every act of generosity counts and everyone has something to give.

