

A Day at The Ferns...



Here is what a typical day can look like at the Ferns; waking up whenever you are ready and enjoying some coffee on our beautiful back deck.

Then enjoy a trip into town for some shopping, going for a hike, or just hanging out in our finished basement doing some arts and crafts.

We have staff who are ready to engage whether it be board games, cooking, yoga, and more! You can end the day with some take-out food and a movie.

Our focus is to provide a home-like environment where any guest can engage in connecting with themselves, others, and the environment in order to find the much needed space they need to heal and grow.

Your Stay is Unique to You!

OUR MISSION

To offer a welcoming environment for people experiencing distress in their lives that recognizes everyone as experts on themselves while also providing time, space, and connections that support their self-determination, healing, and growth.

OUR GUIDING PRINCIPLES

Genuine Connections
Voice and Choice
Mutuality
Potential for Change
Healing Environments
Respect for Yourself and Others

These Principles and their definitions are posted around our respite house and guide all interactions

The Ferns Peer-Run Respite is a wholly owned limited-liability company of HopeWorx, Inc., a Section 501(c)(3) charity.



The Ferns Peer-Run Respite

Pottstown, Pennsylvania





How to get involved in other ways:

★ Donate

The Ferns Peer-Run Respite is accepting any and all monetary donations and DAF's. As a small nonprofit, donations are what make our services possible. To donate -please visit hopeworxinc.org/how-to-help/donate.html

★ Peer Respite Council

If interested in joining our Peer Respite Council please contact Council Chair, Sarah Spath via email at sspath@theferns.org

★ Volunteer

Interested in sharing your valuable time with The Ferns?

Reach out to the Ferns Peer-Run Respite staff at info@theferns.org

★ Resource Sharing

Seeking information Intentional Peer Support or The Ferns Peer-Run Respite?

Reach out today for brochures, educational materials or other resources. staff on respite, and much more! Email us at info@theferns.org

About Us

The Ferns Peer-Run Respite is a non-clinical mental health resource in Montgomery County, PA.

We aim to be a crisis alternative resource for any individual experiencing emotional distress that identifies with needing a break but may not want to, or cannot, engage with clinical resources.

The respite is located in a residential home, in a rural setting. Our trained staff are here to support you during your stay.

A GUEST IS ANYONE WHO

- ☑ Is feeling a big emotion/experiencing emotional distress
- ☑ Is able to respect themselves, others, the space, and surrounding community
- ☑ Feels safe in a voluntary, open, shared space
- ☑ Is able to independently manage their daily self-care needs, including medications, health routines, and personal hygiene
- ☑ Wants to engage in activities and conversations that aide in healing and personal growth

Interested in Being a Guest at The Ferns Peer-Run Respite?

Reach Out Today

610-705-8797

By Phone

When calling, please leave a voicemail including the following details:

- Your name
- Your location
- Contact Information for us to reach out to
- such as a phone number if possible
- Any insight as to why you wish to stay at the Ferns (only what you feel comfortable sharing)

info@theferns.org

By Email

When emailing, please include the following details:

- Your name
- Your location
- Contact Information for us to reach out to
- such as a phone number if possible
- Any insight as to why you wish to stay at the Ferns (only what you feel comfortable sharing)

Reach Out Via Hopeworx

Already connected to Hopeworx? Reach out to them via phone at 610-270-3685 and select the option to be connected to The Ferns Peer-Run Respite.