



VIRTUAL SUPPORT GROUP

For Parents & Caregivers of Youth & Youth Adults

***Has your child experienced suicidal thoughts or behaviors?
Know that you are not alone.***

Join our **virtual peer-led mutual aid support group** for parents and caregivers of youth who have experienced suicidal thoughts, behaviors, and/or attempted suicide. This is **not** a clinical group; it's a space led by people with lived experience, focused on support, connection, and shared understanding.

- In the group you can expect:**
- connection with other parents/caregivers
 - sharing supports and resources
 - guest speakers on relevant topics

This is part of an ongoing grant project on youth suicide prevention.

You're not alone- Connect with other families navigating similar experiences



CLICK HERE TO REGISTER 

or scan QR code:



Launching July 2026



Questions? Please contact:
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