# A YEAR IN REVIEW **FamilyWorx**

### **FamilyWorx Team**



#### Team Update

The FamilyWorx team currently consists of 5 Family Peer Support Partners, 1 Program Supervisor and 1 Program Director. All team members bring with them lived experience as parents who have navigated the child-serving systems for their own children. There is one open FPSP position as of the end of fiscal year 2023/2024.

#### Family Support

- 18,509 contacts with families
- 3589 extended support contacts
- 14,920 brief support contacts
- Supported the families of 547 youth
- 22% of families requested support for multiple children
- Support in multiple systems including behavioral health, education, forensic interviewing, grievances & appeals, juvenile justice, OCY, truancy court and victim services

#### Partnership/Collaboration

FamilyWorx team members participated in 137 different work groups, community meetings, and committees throughout the year.



#### Support Group

- Group has grown to 233 registrants
- · Group follows trauma informed, mutual aid format
- 3 Speaker Series presentations
  - IBHS from the Parent Perspective
  - Act 65 of 2020 Updates and Training
  - Self Care as a Root to Recovery

### **Supervision/Team Building**

- 251 individual or group supervisions
- 6 in-person or virtual team-building events
- 17 full team strategy/planning meetings
- Weekly group supervision
- Team group chat for immediate collaboration



#### Coaching

Coaching and professional development is delivered to team members, both individually and in a group setting. The goal of coaching is to work together to identify team members' personal and professional objectives and to come up with self-directed goals. Team coaching provides skill-based practice so that team members experience leadership coaching while being trained on real issues so that they can anhance workforce affectiveness

#### Referrals



- 38 different providers and community partners provided family referrals
- 5 of those providers had never previously referred families for Family Peer Support
- 28 referrals were from family members or friends of current or previous families

### Advocacy



FamilyWorx participates in several advocacy coalitions/groups. They represent family voice at county and state meetings, including but not limited to Call for Change Workgroup, Children's Roundtable, JCJC Family Involvement Committee, Local HUBs, Mental Health Planning Council, OMHSAS Family Peer Steering Committee, Transition Coordinating Council and Truancy Taskforce. FamilyWorx also tracks and shares advocacy concerns with the county.

### **Training**

- 153 total training sessions attended
- All team members have enrolled and or/completed the 6-part Enhancing Trauma Awareness training through Lakeside Global Institute
- Other trainings focused on crisis intervention, cultural competency, diversity & inclusion, education & behavioral health, family & youth involvement, LGBTQIA+ support, leadership, mental health system, peer support and wellness

### Mini Grants/Events



- The Family Teams were awarded 3 mini grants through the Montgomery County Drug &
- Alcohol Community Prevention Program Hosted 3 family friendly events
  - o Clay Date
  - Family Bingo Night
  - Family Baking Night

## HopeWorx for the Holidays

- The program expanded to include a back-to-school drive in the fall of 2023
  - The Back-to-School Drive supported the families of 39 youth
- Partnered with Access Services Respite to host a free Community Movie Event at the Grand Theater in East Greenville
- Second Annual HopeWorx for the Holidays Drive provided supplemental support to 119 youth and their
  - Parent/Caregiver baskets included for each family



#### Certifications

- 1 Family Peer Support Partner Certification
- 1 Lakeside Trauma Certification
- 1 Youth Mental Health First Aid Training Certification
- 6 Family Roadmap Training Certifications



